

WEEKLY UPDATE

THE LU-OOP

THA! GOOD READ



A MEPS PRODUCTION

A WEEK OF VIBRANT ACTIVITIES AND STEADY PREPARATION

With Continuous Assessment Tests (CATs) on the horizon, students have been deeply immersed in their studies. This upcoming challenge has brought a noticeable influx of students to the university library, with even those who hadn't stepped foot in the library all semester finding their way to its quiet corners.

The study fervour extended beyond the library as students could be seen revising under trees, in classrooms, and around the gazebo, creating a campus-wide atmosphere of academic dedication.

MIDWEEK EXCITEMENT: THE WEDNESDAY CONFLUENCE SESSION

Wednesday's Confluence Session was a particular highlight, featuring a lively and energetic performance by the university dance crew. Their routine captivated the audience, setting the stage for a session filled with enthusiasm and engagement. Ms. Terry, known for her passion for chemistry, shifted gears to deliver an amusing yet thought-provoking talk on relationships.

Her humorous catchphrase, "If you park, I should park too," had attendees in stitches and became the talk of the campus. Following her, Dr. Bernard Nyabwari gave a compelling talk on decision-making. His well-suited presence and vivid life examples underscored the importance of thoughtful decision-making to avoid adverse impacts on future generations.

CELEBRATING MILESTONES: DR. DOMITILA'S 60TH BIRTHDAY MASS

This past Friday evening was filled with joy and calmness as the Catholic community gathered to celebrate a special Mass in honour of Dr. Domitila's 60th birthday. The atmosphere was warm and joyous, with an air of reverence and gratitude as friends, family, and colleagues gathered to mark this significant milestone. The evening was marked by sharing, contentment, and a delightful cake-cutting ceremony. Dr. Domitila, known for her wisdom and kind spirit, radiated happiness as she mingled with the attendees. Her face lit up as she shared stories with the younger generation, emphasizing the importance of how one carries out their youth and its impact on aging with advice of a life filled with prayer.

OUTREACH AND MENTORSHIP: A VISIT TO ABC ENGULI MIXED SECONDARY SCHOOL

Saturday saw the University's Mentorship Club embark on a fulfilling outreach trip to ABC Enguli Mixed Secondary School in Sultan Hamud, Makueni County. The visit was a resounding success, with Lukenya students delivering powerful messages on career guidance, mental health, and relationships. The school's teachers praised the clarity and impact of the presentations. One memorable moment came during the health break when a teenage girl expressed her admiration for Ms. Terry, who is pursuing a Bachelor of Education Science in Physics and Chemistry. Inspired by Terry's talk, she declared her ambition to secure a spot at Lukenya University for her higher education.

AGRICULTURAL CONFERENCE PREPARATIONS

The School of Agriculture, Technical Studies & Natural Sciences, along with the Research Division, has been abuzz with preparations for the upcoming conference in Nairobi, focusing on dryland agriculture and climate change. Scheduled for the 27th and 28th of June, 2024, this significant event, in collaboration with the International Livestock Research Institute (ILRI) and EdSource, promises to be a pivotal moment for the University. Everyone is encouraged to spread the word through their networks to ensure the conference's success. The two-day event aims to address critical issues in agriculture and climate resilience, drawing attention from experts and stakeholders far and wide.

A GREEN DISCUSSION: THE ROLE OF ALOE VERA IN TRANSPLANTING

In other news, an intriguing discussion unfolded between Mr. Sky, the landscaper, and Mr. Nicodemus, about the role of aloe vera in plant cuttings for transplanting with Ms. Muli getting roped in on the discussion with the question- "*Andu ma agriculture mwasyata?*" which means what do the agricultural experts have to say. Ms Muli stated that, aloe vera can play a role in transplanting plants, it is often used as a natural rooting hormone and a plant growth enhancer. Mr. Sky shared his frustrations with the difficulties of transplanting certain plants and flowers. He emphasized that his expertise has been honed through continuous practice and experimentation, suggesting that anyone interested in landscaping should adopt a similar hands-on approach. This dialogue highlighted the valuable interplay between indigenous knowledge and formal education, reminding us that learning is an ongoing journey.

Aloe vera contains compounds that promote root growth, protect cuttings from infections due to its antibacterial and antifungal properties, and provide essential hydration and nutrients. This natural method is often favoured by gardeners who prefer organic and chemical-free gardening practices.

WEEKLY ROUND UP AT
LUKENYA UNIVERSITY

CONCLUSION: A WEEK WELL-SPENT

All in all, it was a week that showcased the diverse and vibrant life at Lukenya University. From diligent academic preparations and lively midweek activities to impactful community outreach and insightful discussions, the week was filled with moments that brought the university community together. As we move forward, let's continue to embrace both the challenges and the joys that come with being part of this dynamic institution.

QUESTION OF THE WEEK

What strategies do you find most effective for preparing for exams, and how do you manage stress during exam periods? Share your study tips and stress-relief techniques.

HAVE A WONDERFUL WEEK AHEAD!



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